

**CLINICAL STUDY
OF MALARIA PATIENTS
IN TANZANIA**

SUMMARY OF THE CLINICAL STUDY
OF
PATIENTS WITH MALARIA TREATED
WITH THE PREPARATION
VIUSID
IN TANZANIA

MALARIA
(STUDY OF CASES)

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http://www.hkmu.ac.tz/pages/mikocheni_hospital.htm

Treatment of MALARIA with VIUSID

Number of Patients:	63	29 women 34 men
Age:	from 2 years 11 months to 70 years old	
Treatment Duration:	3 days	
Therapy applied:	monotherapy with VIUSID in 26 patients Antimalarials + VIUSID in 37 patients	
Dosage:	3 sachets of VIUSID per day	

CONCLUSIONS

- **82,54 % of patients (52 patients: 20 under monotherapy and 32 under combined therapy) were cured in 3 days with good results.**
- 12,69 % of patients (8 patients) experienced improvement during 3 days of treatment.
- Only two patients (3,17 %) showed no improvement at all. These patients were under antiretroviral treatment and had diarrhoea attributable either to the viral process in the organism or to VIUSID.
- Only one patient (1,58%) gave poor results due to an insufficient duration of treatment.
- A quick relief of clinical symptoms associated to malaria has been observed. This relieving effect proved much stronger in patients under combined treatment (i.e. antimalarial + VIUSID).
- Increase of appetite.
- A rapid disappearance of fever, headaches, asthenia etc.

- Recovery of patients' normal state of health.
- Good antiplasmodic action.
- In terms of side effects, no such effects were observed during all the treatment except the cases of diarrhoea reported above which were not associated to VIUSID administration.



**The Hubert Kairuki
Memorial University**

The University Teaching Hospital

The Mission Mikocheni Hospital

The Mission Mikocheni Hospital (MMH) is a participatory institution of the Mission Mikocheni Health and Education Network (MMHEN). The hospital offers general and specialist Medical services. It was founded in 1987 by the late Prof. Hubert C.M. Kairuki.

The Hospital's professional and support staff exceeds 200 with 150 beds serving patients from across the Kinondoni district and the Dar es Salaam city in general. The Hospital OPD handling capacity is 250 patients daily.



The hospital is also the main teaching hospital for the Hubert Kairuki Memorial University . The institution provides the service base for undergraduate and post-graduate training in areas of health professionals. The Mission Mikocheni Hospital offers its services to private patients through cash or insurance payment. MMH receives patients insured under AAR , MEDEX, STRATEGIS and NIC Medicare.

Services Offered:

MMH offers a wide range of healthcare services as follows:

- Obstetrics and Gynaecology
- Paediatrics
- Surgery
- Ear
- Nose and Throat
- Dental
- Neurosurgery
- Eye and Skin
- Ante- Natal Clinic etc.
- General in and out patient services.

Facilities:

MMH has direct access to state-of-the art diagnostic and treatment including, among others:

- A modern CT scanner
- Ultrasound and X-Ray Machines (Fluoroscopy)
- Operating Theatres
- A Physiotherapy Unit
- A Dental Unit
- In and out patient facilities



MMH support services include;

- A 24 hours Ambulance Service
- In-house catering service for patients.
- A Modern Mortuary.

Practical training for Medical and Nursing Students is also carried out at Amana Hospital, Muhimbili National Hospital, Muhimbili Orthopaedic Institute (MOI), Ocean Road Cancer Institute (Dar es Salaam) and Mirembe Hospital (Dodoma) and in field studies, to give students further exposure to a wide range of patients and conditions.